



# How to Humanize Long-Term Care

All of us deserve to get long-term care at home and in the community - if that's what we want.

- Illinois needs a New Directions Task Force to make a plan.
- Home and Community-Based Services (HCBS) must be easy to get.
- Don't make people go to facilities if they don't need or want to.
- The plan must include housing that doesn't cost too much, great care, and the freedom to Speak Up and Speak Out!

As we fight to make the system better, some people are still stuck in facilities.

- Everyone needs the freedom to speak up for themselves and others, without getting hurt for it. This is everyone's right.
- Everyone needs a safe place to live and great care.
- Everyone needs to be able to keep more of their money.

Email [manager@irrcoalition.org](mailto:manager@irrcoalition.org)

or call/text (312) 646-0112 to help!

# IRRC: Institutional Rescue and Recovery Coalition

Do you want to meet with other people who live in or have lived in long-term care facilities like nursing homes, group homes, and state-operated developmental centers?



Come to the IRRC Residents' Group on Zoom! It meets every Thursday from 4-5pm. You can get to it by copying this into your internet search bar:

<https://tinyurl.com/IRRCresidentsgroup>



## SHARE YOUR STORY.

Have you lived in a long-term care facility like a nursing home or a state-operated developmental center?

Do you want to share your story?

Your story will be used to make long-term care better. We would love to talk to you!

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