

**SPEAK UP AND
SPEAK OUT**
summit

**Funded by the Illinois Council on
Developmental Disabilities**

**20 Years of
Speaking Up
and
Speaking
Out!**

Self-Advocates and Sexuality: We Have Rights!

- Presented by:
- Tia Nelis
- Mary Mathis
- Linda Sandman
- With Shirley Paceley



Blue Tower Solutions, Inc.

You have a **Right** to receive Sex Education in Illinois if you live in a:

- Community Integrated Living Arrangements (CILAs)
- Other Places where persons may live called:
 - ICFDDs
 - 16-bed facilities
- State-Operated Facilities
- Vocational or Day Programs
- **Your choice** if you live in a group home and also go to a Day Program

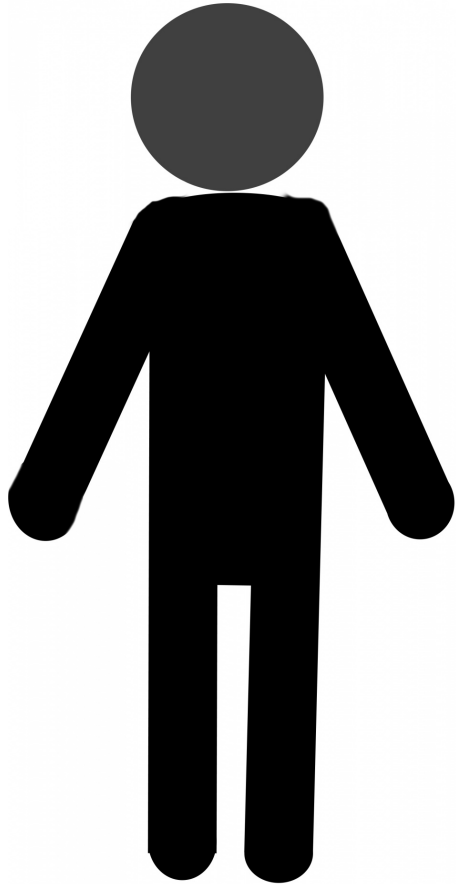
Before we begin

- Let's create an environment where we can all feel safe.

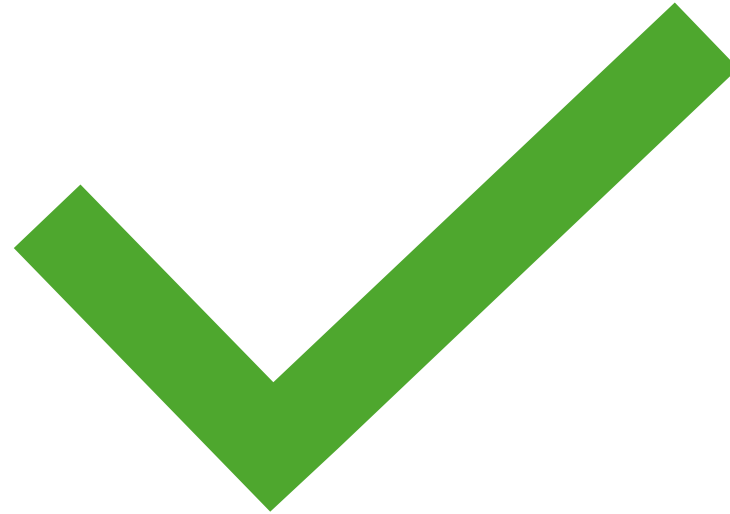


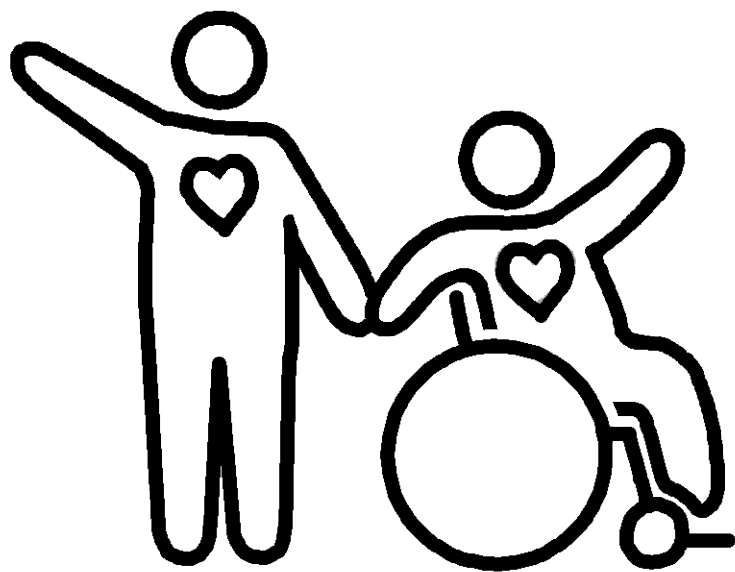
BECAUSE WHEN WE TALK ABOUT YOUR BODY, REMEMBER

- My Body



- My Choice





Healthy Relationships & Sexuality

We have CHOICES

- **Mary
Speaks
Out**



I can say NO!

- I can have Boundaries!



Tia Speaks Out – about Boundaries



Self-Advocates can Support Each Other!

- Peer Support
- Tia Nelis
- Peer to Peer Project
- Mary Hettel
- **For more information,
contact:**
mhettel2022@gmail.com

Shirley Speaks Out!

- Sexuality is not just about sex]
- Who er are
- We have power
- We can support each other



Thank You!

